

CURRICULUM VITAE

David P. Potena M.Ed., PT
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EDUCATION:

September 1989-
December 1991
Pennsylvania

Temple University, Department of Education
Harrisburg Center, Harrisburg,

Masters Degree in Adult Education

August 1983-
July 1985

Thomas Jefferson University
College of Allied Health Sciences
Philadelphia, Pennsylvania
Bachelor of Science in Physical Therapy

September 1981-
June 1983

Bucks County Community College
Newtown, Pennsylvania
Transfer

PROFESSIONAL CREDENTIAL:

November 1985-Present

Pennsylvania Physical Therapy License

2005- Present

Direct Access Physical Therapy License

PROFESSIONAL EXPERIENCE:

June 1997- Present

Physical Therapist, Owner
Potena Physical Therapy INC
Cleona, PA 17042

January 1997-
June 1997

Physical Therapist, Site Coordinator
Joyner Sportsmedicine Institute
Lebanon, Pennsylvania

December 1993- January 1997	Physical Therapist Tri-County Physical Therapy Associates P.C. Lebanon, Pennsylvania
November 1990- December 1993	Director Physical Therapy Services/CCCE The Good Samaritan Hospital/ Hyman S. Caplan Pavilion Lebanon, Pennsylvania
March 1987- CCCE November 1990 Service Center	Physical Therapy / Rehabilitation Supervisor and Mr. and Mrs. Robert L. Miller Rehabilitation The Good Samaritan Hospital Lebanon, Pennsylvania
December 1987- November 1990	Contract Therapist for VNA The Good Samaritan Hospital Lebanon, Pennsylvania
October 1988- November 1990	Contract Therapist for Sports Medicine The Good Samaritan Hospital Lebanon, Pennsylvania
December 1987- November 1990	Austill Aids, Inc. Home Health Consultant Glenmoore, Pennsylvania
March 1988- May 1990	Guest Lecturing Thomas Jefferson University Philadelphia, Pennsylvania
August 1985- March 1987	Staff Physical Therapist Saint Mary Hospital Langhorne, Pennsylvania

PROFESSIONAL MEMBERSHIP:

June 1987- Present	American Physical Therapy Association Section Member: Orthopedic/Private Practice
June 1987- Present	Pennsylvania Physical Therapy Association.
January 1991- Present	Legislative Ambassador for the Pennsylvania Physical Therapy Assoc.
May 1996- Present	American Academy of Orthopedic Manual Physical Therapist.
September 1995- March 1998	Membership Liaison SC District Pennsylvania Physical Therapy Assoc.
January 1989- Continuing March 1993	The Pennsylvania Association for Adult and Education
January 1989- Continuing March 1993	The American Association for Adult and Education
June 1986- June 1992	Alumni Advisory Committee Thomas Jefferson University

PROFESSIONAL ACTIVITIES:

October 8, 1996	PPTA Fitness Clinic Capital Building Harrisburg, Pennsylvania
June 13-16, 1996	Pennsylvania Delegate (4) American Physical Therapy Association. House of Delegates Scientific Meeting and Exposition of the APTA Minneapolis, Minnesota

June 14-18, 1996	Scientific Meeting and Exposition of the American Physical Therapy Association Minneapolis, Minnesota
October 10, 1995	PPTA Fitness Clinic Capital Building Harrisburg, Pennsylvania
October 4, 1994	PPTA Fitness Clinic Capital Building Harrisburg, Pennsylvania
June 4-8, 1994	Pennsylvania Delegate (3) American Physical Therapy Association. House of Delegates Annual Conference Toronto, Canada
June 6-8, 1994	American Physical Therapy Association. Annual Conference Toronto, Canada
October 5, 1993	PPTA Fitness Clinic Capital Building Harrisburg, Pennsylvania
June 11-16, 1993	Pennsylvania Delegate (2) American Physical Therapy Association. House of Delegates Annual Conference Cincinnati, Ohio
June 13-16, 1993	American Physical Therapy Association. Annual Conference Cincinnati, Ohio

June 12-15, 1992	Pennsylvania Delegate (1) American Physical Therapy Association. House of Delegates Annual Conference Denver, Colorado
June 15-17, 1992	American Physical Therapy Association. Annual Conference Denver, Colorado
October 25-27, 1991	Pennsylvania Physical Therapy Association Annual Conference Champion, Pennsylvania
June 24-26, 1991	American Physical Therapy Association. Annual Conference Boston, Massachusetts
October 25-27, 1990	Pennsylvania Physical Therapy Association Annual Conference Hershey, Pennsylvania
October 18, 1990	Platform Presentation on Knee Control Second Annual Stroke Rehabilitation Conference Boston, Massachusetts
1988, 1989, 1990	Guest Lecture for Thomas Jefferson University Isokinetic Evaluation of the Neurologically Involved Patient Philadelphia, Pennsylvania
October 6, 1989	Poster Presentation: Thomas Jefferson University 20th Anniversary Objective Measurements of Knee Control in the CVA Population Philadelphia, Pennsylvania

September 17,1989

Abstract Presentation: 6th Annual Kin-Com Users Meeting
Isokinetic Training of a CVA Patient, A Case Report. Chattanooga, Tennessee

June 8, 1988

Presentation: The Pennsylvania Nurses Association
Rehabilitation A Team Approach-Aspects of Physical Therapy
Lebanon, Pennsylvania

CONTINUING EDUCATION:

June 10-13, 2009

PT 2009: Annual Conference & Exposition of the American Physical Therapy Association CEUs: 2.1

November 2, 2008

Preview 2020 CEUs: 1.8

September 14-15, 2007

Medical Screening in Physical Therapy Practice
Ivan J Mulligan, PT, DSc, SCS, ATC, CSCS
Scranton Pennsylvania. CEUs: 1.0

October 16-17, 2004

Medical Screening for Physical Therapists
Joe Godges, DPT, MA, OCS
Harrisburg Pennsylvania. CEUs: 1.0

September 25, 2004

Orthopedic Physical Therapy Home Study Course
14.2 on Clinical Applications for Orthopaedic
Basic Science. CEUs: 3.0

May 16-18, 2003

First International Symposium on Functional
Training and Rehabilitation
YMCA of Greater Boston-Central Branch,
Boston, MA. CEUs: 2.0

December, 2002

Orthopedic Physical Therapy Home Study Course
12.3 on Effective Prevention and Management of
Work-related Injuries. CEUs: 3.0

March, 2001	Orthopedic Physical Therapy Home Study Course 10.4 on Disorders of the Knee. CEUs: 3.0
December, 2000	Orthopedic Physical Therapy Home Study Course 10.3 on Contemporary Topics on the Foot & Ankle. CEUs: 3.0
June, 1998	Orthopedic Physical Therapy Home Study Course 98-1 on Issues in Employment and Testing and the ADA. CEUs: 3.0
March 11-12, 1998	Follow-Up Course to MMW's, SNAGS, NAGS and More: Manual Therapy (A Lab Course) Brian Mulligan Bensalem, PA. CEUs: 1.3
December 31, 1997	Orthopedic Physical Therapy Home Study Course 97-2 on the Elbow / Forearm & Wrist Joints. CEUs: 3.0
July 31, 1997	Orthopedic Physical Therapy Home Study Course 97-1 on the Hip & Sacroiliac Joint. CEUs: 3.0
July 12, 1996	Orthopedic Physical Therapy Home Study Course 96-1 on the Cervical Spine. CEUs: 3.0
June 17, 1996	Neuromechanical Consequences of Chronic Pain and Cumulative Trauma Disorders Sandy Burkart Ph.D., PT., etal Minneapolis, Minnesota. CEUs: .60
June 16, 1996	Case Conference on "A Patient with Multiple Upper-Extremity Cumulative Trauma." Jane Fedorczyk MS, PT., etal Minneapolis, Minnesota. CEUs: .20

October 13-15, 1995	SNAGS, NAGS and MMW's: Manual Therapy Brian Mulligan Washington, DC. CEUs: 1.4
January 23-24, 1995	Occupational Ergonomics Control of Work Related Upper Extremity Disorders. University of Michigan Charlotte, North Carolina CEUs: 1.3
June 9, 1994	Ergonomic Job Analysis and Job Functional Description. Dennis Hart APTA Annual Conference Toronto, Canada CEUs: .65
June 8, 1994	Clinical Update on Parkinson's Disease Rhonda Stanley APTA Annual Conference Toronto, Canada
June 7, 1994	Integrating basic, clinical, and applied science: The Spine Richard Deyo APTA Annual Conference Toronto, Canada
June 6, 1994	Functional Rehabilitation: Industrial Susan Isernhagen APTA Annual Conference Toronto, Canada
June 14, 1993	A Model for Ergonomic Analysis Report Writing & Ergonomic Consultation and the Physical Therapist. M. Burke APTA Annual Conference Cincinnati, Ohio

June 14, 1993
Mary McMillian Lecture
Gary L. Soderberg
APTA Annual Conference
Cincinnati, Ohio

June 15, 1993
Considerations in Rehab: Meniscus & Articular
Cartilage.
Robert Mangine PT & Frank Noyes MD
APTA Annual Conference
Cincinnati, Ohio

June 17, 1992
II Step Revisited
A. Gentile & J. Held
APTA Annual Conference
Denver, Colorado

June 16, 1992
The Scientific & Clinical Rationale for
Integration of Closed & Open Kinetic Chain Rehab
Techniques in Selected Pathologies
G. Davies & D Ghena
APTA Annual Conference
Denver, Colorado

June 16, 1992
A Computerized PT Record for Hospital Based
Practice.
B. Miller
APTA Annual Conference
Denver, Colorado

June 15, 1992
Mary McMillian Lecture Marylou Barnes
APTA Annual Conference
Denver, Colorado

June 15, 1992
Manuscript Reviewers Workshop
J. Rothstein
APTA Annual Conference
Denver, Colorado

October 27,1991	Stoke Assessment and Treatment of Motor Control Problems S. Attermeier & P. Duncan PPTA Annual Conference Champion, Pennsylvania
October 26, 1991	Intro to the McConnell Patellofemoral Treatment Plan Linda Tremain PPTA Annual Conference Champion, Pennsylvania
October 26, 1991	Non-Operative Rehab of Knee Ligament Instabilities Robert Engle PPTA Annual Conference Champion, Pennsylvania
October 26, 1991	Motor Control & Motor Learning Implications for Assessment & Treatment S. Attermeier & P. Duncan PPTA Annual Conference Champion, Pennsylvania
October 25, 1991	Post-Op Rehabilitation of PCL and ACL Reconstruction Robert Engle PPTA Annual Conference Champion, Pennsylvania
October 25, 1991	Medicare Reimbursement L. Fronheiser & B. Asztalos PPTA Annual Conference Champion, Pennsylvania
June 26, 1991	An Integrative Model of Neuromuscular practice APTA Annual Conference Boston, Massachusetts

June 25, 1991	Forum on Practice Issues APTA Annual Conference Boston, Massachusetts
June 25, 1991	APTA Journal Forum APTA Annual Conference Boston, Massachusetts
June 24, 1991	Mary McMillan Lecture Robert Bartlett APTA Annual Conference Boston, Massachusetts
June 23 & 24, 1991	PT in the Work Place. An International Perspective. APTA Annual Conference Boston, Massachusetts
February 12, 1991	Hospital Accreditation Survey Preparation Good Samaritan Hospital Lebanon, Pennsylvania. CEUs: .65
October 18,19,1990	Second Annual Stroke Rehabilitation Conference Focus on Outcomes Boston, Massachusetts. CEUs: 1.2
December 20, 1988	Integrated Work Hardening AREN Video Conference Lebanon, Pennsylvania. CEUs: .2
September 14-17,1988	6th Annual Kin-Com Users Meeting Ft. Lauderdale, Florida. CEUs: .17
September 19,1988	The Client with Arthritis: The Team Approach Carlisle, Pennsylvania
June 6-17,1988	Rehabilitation: A Team Approach Lebanon, Pennsylvania. CEUs: .80

January 26,1988	5th Annual Kin-Com Users Meeting Scottsdale, Arizona
November 6-8,1987	Neurobehavioral Analysis of Motor Skill Learning Columbia University, New York. CEUs: 1.6
June 2,1987	Late Psychological and Vocational Outcome of Brain Injured Patients Bryn Mawr Rehabilitation Hospital Malvern, Pennsylvania. CEUs: .20
May 15-16,1987	Neuro-Developmental Treatment Association Conference Penn State University, Pennsylvania. CEUs: 1.4
March 23,1986	Evaluation and Treatment of the Cervical Spine and Shoulder Thomas Jefferson University Philadelphia, Pennsylvania
February 18, 1985	Leadership Development Retreat Thomas Jefferson University Philadelphia, Pennsylvania

VIDEO CONFERENCES:

March 1998	Spinal Techniques: The Lumbar and Thoracic Spine Brian Mulligan. OPPT: 93 Mins
April 1993	Lumbar Spine- The Cyriax Approach .2 CEU's Russel Woodman PT Executive Communications, INC
June 1992	Overuse Syndromes.2 CEU's David Labosky MD, Carol Waggy PT Executive Communications, INC

March 1991	Non-Surgical Examination of Soft Tissue Lesions of the Shoulder. .2 CEU's Russel Woodman PT American Rehabilitation Educational Network
September 1990	McKenzie Approach: Evaluation and Treatment of the Cervical Spine .2 CEU's Wayne Rath PT American Rehabilitation Educational Network
November 1989	Eccentric Muscle Action: A New Dimension in Exercise and Rehabilitation. .2 CEU's William Stauber PhD American Rehabilitation Educational Network
April 1989	Back School: Principle in Action .2 CEU's Gregory Johnson PT, Vicky Saliba PT, Arthur White MD American Rehabilitation Educational Network
February 1989	Lumbopelvic Function & Dysfunction .2 CEU's Carl DeRosa MS PT, James Porterfield MS PT, ATC American Rehabilitation Educational Network
December 1988	Integrated Work Hardening .2 CEU's Lenard Matheson PhD. American Rehabilitation Educational Network